

# Connecting at Emunah: Learning, Living & Laughing



5780 (2019-2020)

Welcome to another year of learning, living and laughing! Within these pages you will find a wide range of opportunities, both one-time and continuous throughout the year. This year we welcome fellow congregant **Rose Myers**, who will join veteran instructors **Jenny Brown** and **Jen Geller** in our lineup. Rose will teach a Temple Emunah Library Learning class, Jenny will teach another writing workshop, and Jen will continue to teach yoga.

We are excited to collaborate with Sisterhood, who has generously sponsored several programs including the Community Breakfast on September 15th when we welcome Brandeis Professor **Alex Kaye** who will speak about the new Nation State Law in Israel, **Rachel Kadish** on March 29, 2020 where she will talk about her latest book, *The Weight of Ink*, and Vinyasa Yoga with **Jen Geller** on Thursday mornings. We are very grateful to Sisterhood for their generosity and enthusiasm for these community programs!

We continue to be blessed with the teaching of **Dr. I Ely Stillman** for Talmud Study Group, and with the enthusiasm of our lay leaders we can continue to study the Tanakh during **Perek Yomi**.

Formal programming continues, with our Hebrew Literacy program, **Ivrit la Kol**, and a variety of Hebrew College offerings – **Me'ah Select** on both Thursday mornings and Monday evenings, and **Me'ah online**. This year is a recruitment year for the next two-year cycle of **Me'ah Classic** that will start in the Fall 2020.

We are excited to announce that **Rabbi Eli Kaunfer**, *rosh yeshiva* and CEO of Hadar Institute in Manhattan, will be our **Glatzer Memorial Weekend** Scholar-in-Residence February 8-10, 2020.

In addition to all of the above-mentioned programs, there are more opportunities to connect to Temple Emunah through experiential learning – meditation, cycling, walking, and traveling to Israel. We are so grateful for our rabbis, our lay teachers and our committee. How wonderful it is to be a part of this awesome community. As always, feel free to contact us with any questions.

*Linna and Terri*

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## Our Rabbis Teach

### Wednesday Morning Study with the Rabbis

**Wednesdays 7:00am to 8:20am**

Every Wednesday morning Rabbis Lerner and Kling Perkins teach about the *Halakhah* (Jewish laws of Shabbat) over a light breakfast. This year we will be studying the third volume of the Mishnah Berurah, laws of Shabbat. Join us each week for minyan at 7:00am followed by breakfast and learning at 7:30am. The breakfast is funded and provided by the regular attendees. All are welcome.

### Reading the Christian Bible Through a Jewish Lens

**At Brookhaven**

**With Rabbi David Lerner**

**Tuesdays 9:30 - 10:30am**

**Dates TBD**

Join Rabbi Lerner to reveal Jewish connections to famous Christian passages as a means of deepening our understanding of both traditions and ourselves.

### Shabbat Minhah/Ma'ariv Study

**Ongoing with Rabbi David Lerner and Rabbi Leora Kling Perkins**

**Saturday afternoons between Shabbat Minhah and Ma'ariv**

Join Rabbis Lerner and Kling Perkins every Shabbat Minhah (see calendar for times) as they deepen and expound upon the lessons and teachings of Rabbi Joseph Telushkin's *The Book of Jewish Values*. Texts will be provided. No need to read the book before class.

### Psalms

**With Rabbi Lerner**

**January 5, 12, 26, 2020**

**Sunday mornings 9:45-11:00am**

A treasury of our people's hopes, pain, and praise, the book of Psalms is one of the most commonly read, but seldom fully understood, books of the Bible. After exploring the language of each psalm, we will attempt to understand its context and meaning more fully. In response to what theological need was it written? How has it been utilized by our tradition? How can it be meaningful to us in the year 5780 (2019-2020)? And how can the psalms inspire us to be more creative in our own personal *tefillot* (prayers)?

### Adult B'nei Mitzvah Class

**With Rabbi Leora Kling Perkins**

Calling all interested adults who never celebrated Jewish adulthood when they were 13-- or who want to do so again! We welcome you to join Rabbi Kling Perkins for a year-and-a-half-long class starting in the winter of 2019. As a cohort, we will explore a wide range of topics including theology, rabbinic literature, Jewish observance, and more, and will mark the completion of their studies with a B'nai Mitzvah celebration, complete with chanting the Torah and/or Haftarah and being called to the Torah, in the spring of 2021.

Those interested should also register for an Ivrit la-Kol class to complement the learning they will do as a group.

Please contact Rabbi Kling Perkins ([iklingperkins@templeemunah.org](mailto:iklingperkins@templeemunah.org); (781) 861-0300) for more information.

## Leading Davening 2.0

**With Rabbi Leora Kling Perkins**

**December 12 and 19, 2019**

**8:00pm in the Pious Chapel**

Already know how to lead service, but want to take your skills to the next level? In this group we'll go beyond the words and the chanting, and explore some of the many ways we can help make a prayer experience more effective and engaging. We will discuss how to find, select, and introduce new melodies, and much more! Come share your own tips, and hopefully pick up some new ones while you're at it! Come to one session or come to both!

Session 1: Creating a Prayer Experience

Session 2: The Music: How to Find, Select, and Introduce New Melodies

Please contact Rabbi Kling Perkins ([iklingperkins@templeemunah.org](mailto:iklingperkins@templeemunah.org); (781) 861-0300) for more information

## JTS Video Lecture Series: The Ethical Life: Jewish Values in an Age of Choice



**Lunch and Learn Wednesdays 12-1:30pm**

**November 13, December 11, January 15, February 12, March 25, April 29, May 13, June 10**

**Dessert and Discussion Tuesdays 8-9:30pm**

**November 12, December 10, January 14, February 11, March 17, April 21, May 12, June 9**

**Fee: \$80 for 8 sessions**

The Adult Ed Committee invites everyone to join them for a year of learning with our rabbis, thanks to the Jewish Theological Seminary's course The Ethical Life! The complex issues of modern society are, at their core, issues of ethical and moral concern. Now, more than ever, we require a solid understanding of how Jewish ethics can inform our discussions and decisions about the critical questions of the day.

Each session of The Ethical Life includes a short video lecture featuring JTS faculty members and other expert scholars, text study, and guided group discussion led by our rabbis. Join us for this unique opportunity to study the sources of Jewish ethics in their original and learn how we can apply them today. We meet monthly, November through June, and this year we have two tracks: Lunch and Learn with Rabbi Lerner and Dessert and Discussion with Rabbi Kling Perkins.

Please bring your own kosher dairy lunch for Lunch and Learn. Participants take turns bringing in kosher dairy dessert for the group. For more information, contact Linna Ettinger ([adulted@templeemunah.org](mailto:adulted@templeemunah.org)).

## Emunat HaLev: Meditation Institute

### Minbah Meditation Group

**With Rabbi David Lerner, Barbara Neustadt**

**Thursdays 4:00pm – 4:50pm**

**Dates: September 5, October 3, November 7, December 5, 2019;**

**January 2, February 6, March 19, April 2, May 7 and June 4, 2020**



Join Rabbi Lerner and Barbara Neustadt for a special late afternoon meditation group. Meditation experience is not required. Mindfulness meditation groups are a wonderful way of connecting with others to share and deepen your meditation practice. There will be guided meditations and themes will include the joys, difficulties, and insights experienced in meditation practice and the multitude of ways to bring mindfulness alive in relationships, work and daily life and into our Jewish practices. This afternoon group will meet once a month on Thursdays.

For more information or if you are interested, please contact Rabbi Lerner at [RabbiAdmin@TempleEmunah.org](mailto:RabbiAdmin@TempleEmunah.org) or Barbara Neustadt at [barbneus7@gmail.com](mailto:barbneus7@gmail.com).

## Mindful Meditation

**With Rabbi David Lerner and Barbara Neustadt**  
**Tuesday mornings from 8:30 - 9:20am**  
**Pious Chapel**

Join Rabbi Lerner and Barbara Neustadt for a weekly meditation group. Meditation experience is not required. Mindfulness meditation groups are a wonderful way of connecting with others to share and deepen your meditation practice. There will be guided meditations, and themes will include the joys, difficulties, and insights experienced in meditation practice and the multitude of ways to bring mindfulness alive in relationships, work and daily life, and into our Jewish practices.

Please contact Barbara with any questions at [barbneus7@gmail.com](mailto:barbneus7@gmail.com).

## Shabbat Morning Meditation

**With Rabbi David Lerner and Paul Neustadt**  
**Shabbat 9:30-10:15 in the Pious Chapel**

**Dates October 19, November 9 and 23, December 21, 2019; January 18, February 1, and March 21, 2020**

Join Rabbi Lerner and Paul Neustadt for a meditation experience that can include guided, focused and silent meditations, chanting a short prayer or a *niggun* (melody), and a brief teaching on meditation or the Torah portion. This is a peaceful and meaningful way to celebrate Shabbat. Everyone is welcome: To join the email listserve, please contact Barbara Neustadt at [barbneus7@gmail.com](mailto:barbneus7@gmail.com).

## Shabbat Afternoon Meditation

**December 7, 2019**

Seudah Shlisheet evening meditation and Havdalah.

## Yom Kippur Afternoon Meditation

**Wednesday October 9, 2019**

## Informal Text Study

### *Perek Yomi* Study Group: Reading the Bible from Start to Finish

**Ongoing, meets monthly**  
**Thursdays 8pm at Temple Emunah**

Temple Emunah's *Perek Yomi* (daily chapter) study group meets on a regular basis to read and discuss the Bible. This group meets once a month at 8 pm in the Temple Emunah Library. Usually the group meets on the first Thursday of the month but it varies from month to month.

The original *Perek Yomi* concept, promoted by the Conservative movement, was to read one chapter a day, eventually covering the entire Hebrew Bible. Our group has modified this approach since 30 chapters are too much to discuss in one meeting. It is instead proceeding at a more leisurely pace of about 12 chapters per month.

The point of this program is to read material that goes beyond what is read in the synagogue, to do this in consecutive fashion (as opposed to, say, the *haftarot*), and to discuss it with peers (not experts). Participants use different translations and bring in material from a variety of sources as well as their own ideas, which leads to very insightful discussions.

For the exact dates and more information contact Larry Marin ([lbmlbm@aol.com](mailto:lbmlbm@aol.com)) at (781) 861-7855.

## Talmud Study Group

**With Dr. I Ely Stillman**

**Dates Sept. 18 (holidays), Oct. 30, Nov. 13 and 20, Dec. 4 and 11, 2019; Jan. 8 and 22, Feb. 5 and 19, Mar. 11 and 25, April 1 and 22, May 6 and 20, Jun. 3 and 10, 2020**  
**Wednesdays 8:00pm at Temple Emunah**

The Temple Emunah Talmud Study Group invites you to join our ongoing study of Tractate Berakhot. All who are interested are welcome to join; knowledge of Hebrew is not required, since Dr. Stillman translates all Hebrew source materials during the study group sessions.



*Dr. Isaac Ely Stillman studied rabbinics and Jewish thought at Har Etzion, Israel with Rabbis Yehudah Amital and Aharon Lichtenstein. A graduate of Yeshiva University, he was a student of Rabbi J.B. Soloveitchik ztz"l, and studied in Boston with Professor Isadore Twersky, the Talner Rebbe, ztz"l. Dr. Stillman teaches Talmud and rabbinic thought throughout the Boston area; his approach reflects the multi-faceted potential of Torah study, exploring fundamental principals and esoteric concepts within a historical context. He is on staff at the Beth Israel Deaconess Medical Center/Harvard Medical School, where he practices surgical and renal pathology.*

Please feel free to join us to try us out. For more information and to be included on the email list, contact Louis Stuhl ([lstuhl@verizon.net](mailto:lstuhl@verizon.net)) at (781) 275-5499 or Lou Nidus ([lounidus@rcn.com](mailto:lounidus@rcn.com)) at (781) 862-8132.

## In-House Adult Education

### I Remember When...: Writing Your Life Story

**With Jenny Brown**

**Mondays 11-12:30pm at Temple Emunah**  
**September 9, 16, 23; October 7, 28; November 4, 2019**  
**Fee: \$18**

We all have stories, whether big stories of careers and life-altering events or little stories of favorite friends and special moments. If you've ever thought about writing those stories down, this class is your opportunity. Each week, we'll read excerpts from memoirs, discuss writing techniques, and use writing prompts to create vignettes from your life, short essays you can share with your family or develop further.

Both experienced and new writers are welcome. Writing is done in class (please come with paper and pen or a laptop), with additional suggestions given to those who wish to continue writing on their own. Everyone has a story. Now is the time to tell yours. To register, email [adulted@templeemunah.org](mailto:adulted@templeemunah.org).



**Jennifer S. Brown** has published fiction and creative nonfiction in *Fiction Southeast*, *Cognoscenti*, *The Best Women's Travel Writing*, *The Southeast Review*, and *Bellevue Literary Review*, among other places. She holds an MFA in creative writing from the University of Washington. Her novel, *Modern Girls* (NAL/Penguin), set in 1935 in New York City, is about a mother and daughter who must face the consequences of unplanned and unwanted pregnancies.

## Synagogue Skills For All

Temple Emunah Wants You! Are you interested in brushing up on your Torah leyning, haftarah reading, and davenning skills? We will help you become a more confident Torah and haftarah reader or davenner by matching you up with a coach who will guide you step by step through the process at your own pace until you are ready to participate publicly. Here is a great opportunity to strengthen your community by gaining the skills to participate more fully in synagogue services. To learn a synagogue skill please contact Mark Weiner ([mark.weiner.te@gmail.com](mailto:mark.weiner.te@gmail.com)) at (781) 863-6356 or Max Klein ([kleinm@alum.mit.edu](mailto:kleinm@alum.mit.edu)) at (781) 259-1004. In lieu of charging a fee we ask participants to consider donating to either the Sefer Haftarat fund or the Religious Committee Torah Repair Fund.



## Myths and Midrash: Learning about Jewish Values and Traditions through Jewish Children's Stories

**With Rose Myers**

**Wednesdays at noon in the Rubenstein Conference Room**

**September 25, October 30, November 27, December 18, 2019; January 29, February 26, March 18, April 22, and May 27, 2020**

**Bring your own dairy lunch**

Join us for monthly discussions over lunch! Using children's literature to introduce a variety of topics of Jewish interest, we will review books and examine the history of where the stories originate, study *Midrash* and other folklore that connect to the stories, and highlight Biblical references.

The first session will highlight themes related to the High Holy Days, such as forgiveness, *teshuvah*, friendships, and more. We will focus on the books, *We're in Big Trouble Blackboard Bear*, by Martha Alexander, and *Each Kindness*, by Jacqueline Woodson.

*Rose Myers has been the Assistant for an Education Director and Librarian at a Conservative synagogue and Librarian at a Reform synagogue and a Modern Orthodox day school. She has led preschool holiday programs and taught at a community high school of Jewish studies. Rose has a BA in Mathematics from Brandeis, an MLS from Southern Connecticut State University, and courses in Judaica and pedagogy at the Midrasha Institute in West Caldwell, NJ and various synagogues, JCCs and colleges.*

For questions, contact Temple Emunah member Rose Myers at [swguide48@yahoo.com](mailto:swguide48@yahoo.com).

## Community Events

### Community Breakfast: Israel's New Nation State Law: Consequences for Jewish Democracy

**With Rabbi Dr. Alexander Kaye**

**Sunday September 15th, 2019**



**Starts at 9:00am with minyan**

**Fee: \$8 for Sisterhood and Brotherhood members; \$10 for all others**



*Dr. Alexander Kaye is a faculty member at Shalom Hartman Institute of North America. He is the Karl, Harry, and Helen Stoll Assistant Professor of Israel Studies, and Assistant Professor in the Department of Near East and Judaic Studies at Brandeis University. He received a Ph.D. in Jewish history from Columbia University, and a B.A. and M.Phil. from the University of Cambridge. He is ordained as a rabbi, having received his rabbinical ordination from Yeshivat Chovevei Torah Rabbinical School, and served as Assistant Rabbi of Congregation Kehilath Jeshurun in New York. Previously he taught at Princeton University and The Ohio State University.*

*Dr. Kaye's research is on Jewish intellectual history and the history of political and legal thought. With David N. Myers, he co-edited [The Faith of Fallen Jews](#), a collection of works by the late Prof. Yosef H. Yerushalmi. His new book, [The Invention of Jewish Theocracy](#), forthcoming from Oxford University Press, is a history of the idea, espoused by many religious Zionists, that the State of Israel should be run by halakha.*

## Glatzer Memorial Weekend

**With Scholar-in-Residence Rabbi Eli Kaunfer**

**February 7, 8 and 9, 2020**

Every year we honor the memory of Dr. Nahum Glatzer and Mrs. Anne Glatzer, beloved and revered active members of Temple Emunah for more than twenty-five years. This year we have invited renowned scholar and author Rabbi Eli Kaunfer.



*Rabbi Elie Kaunfer is President and CEO of the Hadar Institute. Elie has previously worked as a journalist, banker, and corporate fraud investigator. A graduate of Harvard College, he completed his doctorate in liturgy at the Jewish Theological Seminary, where he was also ordaine, receiving smicha from his long-time teacher, Rav Daniel Landes. A Wexner Graduate Fellow and Dorot Fellow, Elie is a co-founder of the independent minyan Kehilat Hadar and has been named multiple times to Newsweek's list of the top 50 rabbis in America. He was selected as an inaugural AVI CHAI Fellow, and is the author of [Empowered Judaism: What Independent Minyanim Can Teach Us About Building Vibrant Jewish Communities](#) (Jewish Lights, 2010). Elie serves on the board of Natan and on the advisory board of Upstart. Click to watch a short [video of Elie as scholar-in-residence at the General Assembly of the Jewish Federations of North America](#).*

For further information, and to help with the weekend, please contact Terri Swartz Russell (terrisswartz@yahoo.com) at (781) 861-6399 or Lois Bruss ([lois.bruss@gmail.com](mailto:lois.bruss@gmail.com)) at (781) 861-9270.

## Community Reads Breakfast: [The Weight of Ink](#)

**With author Rachel Kadish**

**Sunday, March 29, 2020 at 9:45am**

**Fee: \$8 for Sisterhood and Brotherhood members; \$10 for all others**



*Rachel Kadish's most recent novel, [The Weight of Ink](#), was awarded a National Jewish Book Award, the Julia Ward Howe Fiction Prize, and the Association of Jewish Libraries' Fiction Award. Her work has been read on National Public Radio and has appeared in *The New York Times*, *Slate*, *Salon*, *Paris Review*, *Iowa Review*, and the *Pushcart Prize Anthology*. She has been the Koret Writer-in-Residence at Stanford University, a finalist for the Sami Rohr Prize, and a fiction fellow of the National Endowment for the Arts and the Massachusetts Cultural Council. She lives outside Boston and teaches in the Lesley University MFA Program in Creative Writing. (Photo credit: Kevin Day)*

## Phyllis Klein Thrope Memorial Programs

Following Phyllis Klein Thrope's death in 1986 at the age of 33, her family established the Phyllis Klein Thrope Memorial Fund to honor her memory. The Fund's purpose is to build bridges and promote better understanding between the Jewish community and its neighbors. It seeks to achieve these goals by sponsoring programs that bring together people from throughout the Greater Lexington community to examine issues and concerns shared by all. All Phyllis Klein Thrope Memorial Programs are free and open to the public. You are encouraged to invite your neighbors and friends.



### Master Your Metabolism

**With Courtney Little, CN**

**November 21, 2019 from 8:00-9:30pm**

**Free and open to the public**

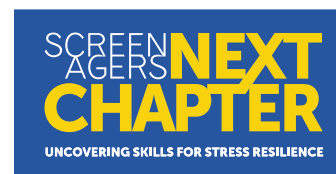
This seminar will expose the myths and truths regarding health and nutrition. You will leave this seminar feeling more empowered and educated on how to properly fuel your body and *Master Your Metabolism*. *Open to the public.*

*Courtney Little, certified nutritionist and whole health educator, owns the Nutrition and Whole Health Solutions, located in Bedford, MA. Courtney has a Bachelors degree in Human Nutrition from Umass Amherst, is a Certified Personal Trainer, (NCSF), Certified Food Safety Manager, (CFM), Certified & Advanced Clinically trained in Nutrition Response Testing, "NRT," and Nutritionist for Harvard University Dining Services, Cambridge, MA.*

### Screenagers Next Chapter: Uncovering Skills for Stress Resilience

**March 4, 2020 from 6:30 to 8:30pm**

**At Temple Emunah; free and open to the public (tickets online at [screenagersmovie.com](http://screenagersmovie.com))**



Filmmaker and physician Delaney Ruston uses a personal lens and professional eye to help parents flip the script on stress, anxiety, and depression. Ruston sets out to understand these challenges in our current screen-filled society, and how we as parents and schools empower teens to overcome mental health challenges and build emotional agility, communication savvy, and stress resilience.

This film is being screened in collaboration with the Lexington Community Coalition. Get your tickets online at [screenagersmovie.com](http://screenagersmovie.com).

## Lexington Collaborative Programs

### Ivrit la-Kol/ Hebrew For All

**Fall Session starts the week of October 21, 2019**

**Winter Session starts the week of January 6, 2020**

**Spring Session starts the week of March 2, 2020**



Ivrit la-Kol: Hebrew for All, an adult Hebrew literacy collaborative, will begin its 22nd year of providing and supporting Hebrew literacy in the community. The mission of Ivrit la-Kol is to enable all individuals, regardless of skill level, to acquire, improve or enhance their knowledge and comfort with Hebrew in a supportive and motivating learning environment.

Collaborative members include Temple Emunah and Temple Isaiah. The affiliating synagogue is Beth El Temple Center in Belmont. Ivrit la-Kol offers courses starting with Learning to Read Hebrew and progressing up to Advanced Hebrew.

### Fundamentals of Hebrew

#### Learning to Read Hebrew

**With Caroline Nudelman**

**Mondays 9-10:30am at Temple Emunah**

**Mondays 7:30-9:00pm at Temple Isaiah**

**Fee: \$250 members/\$275 non-members**

For those who are tired of reading Hebrew in transliteration and regret never having learned the Hebrew alphabet and vowels, this class is appropriate for absolute beginners who want to learn the *alef bet*.

***Required Texts and Flash Cards will be available for purchase at the first class. Total approximate cost for text books \$25.00. Cost for flash cards \$35.***

### Modern Hebrew Classes

#### Modern Spoken Hebrew I

**With Sigalit Davis**

**Mondays 5:30 to 7:00pm at Temple Isaiah**

**Fee: \$250 members/\$275 non-members**

Starting your Hebrew journey through speaking, writing, reading and listening. This class will begin with phrases and everyday vocabulary and build skills slowly to reach fluency in understanding Modern Spoken Hebrew, with focus on speaking skills. Hebrew from Scratch Vol I and CD Vol I.

*No* preliminary knowledge of Hebrew required.

#### Advanced Conversational Hebrew

**With Sigalit Davis**

**Mondays 7:30 to 9:00pm at Temple Isaiah**

**Fee: \$250 members/\$275 non-members**

The class will continue to focus on enhancing and developing Hebrew skills using a variety of learning modalities including: reading, writing, speaking and listening. We will reinforce previously acquired skills, to sharpen thinking and grammatical constructions. We will use original materials including short stories, songs, podcasts, video clips and newspaper articles. The emphasis is on expanding *speaking* skills.

Students will have the opportunity to practice their writing skills by using Hebrew script. The text, Hebrew From Scratch Vol II & CD and *Kriat Baynayim* and *HaPoal L'LoMDay Ivrit* should be purchased prior to the class.

\*\*\* NEWCOMERS are welcome!

Please contact the instructor to determine your appropriate level.

## Biblical Hebrew

### Intermediate Biblical Hebrew

**With Michael Singer**

**Thursdays 7:30 to 9:00pm at Temple Isaiah *START DATE SEPTEMBER 19, 2019***

**Fee: \$250 members/\$275 non-members**

Enjoy reading and discussing biblical Hebrew in this interactive class that will make the Tanakh come alive for you. Students are empowered to understand and translate the text of the Tanakh and the Siddur. Each class features a review of newly introduced vocabulary and grammatical concepts, and we will continue to delve deeply into the Hebrew verbal system. The ability to read Hebrew is a prerequisite for this class. We will continue working through *Tav is for Torah* by Linda Motzkin (URJ Press).

\*\*\* NEWCOMERS are welcome!

Please contact the instructor for appropriate level.

The faculty of Ivrit la-Kol are:



***Sigalit Davis** is an expert in the history and development of the Hebrew language. She has developed numerous curricula and approaches to Hebrew teaching while at Hebrew College. Born in Tel Aviv and a native Hebrew speaker, Davis has taught Hebrew and Jewish studies at many levels for more than 20 years in diverse educational settings throughout the United States. She holds a dual degree in education and Hebrew language from Hebrew University.*



***Caroline Nudelman** earned a BA in Anthropology at the University of Pittsburgh, with a minor in Hebrew. She works at Temple Aliyah, is a private tutor and continues her ongoing study of Hebrew.*



***Michael A. Singer** holds an MA in biblical studies from Brandeis University, and has completed work toward a PhD, also in biblical studies from Brandeis.*

All classes are 7 sessions/semester. For more information call 781-861-0300 or email [IvritlaKolHebrew@gmail.com](mailto:IvritlaKolHebrew@gmail.com). Financial aid is available. Please mail your check payable to Temple Emunah to:

Temple Emunah,  
9 Piper Road,  
Lexington, MA 02421  
Attn: Nancy Lefkowitz, Ivrit la-Kol



We lovingly remember Golda Dockser (z"l) who founded our Hebrew literacy program and named it, Ivrit la-Kol: Hebrew For All. Golda was a long-time member of Temple Emunah who was a passionate visionary, role model and friend. It is through the Ivrit la-Kol program that her legacy lives on

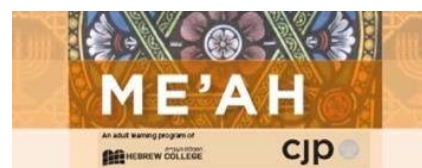
## Hebrew College Programs



This year we are offering two one-semester courses during the day. Descriptions, dates and registration information follow. New this year: Me'ah on-line for those who wish to study remotely. In recognition of our military, Me'ah on-line is free for all military and their families.

### Me'ah Classic

*Me'ah*, an adult learning program of Hebrew College and the Commission on Jewish Continuity, is made possible with funding from the Combined Jewish Philanthropies. Me'ah is an intensive two-year program designed to provide a solid foundation for adult Jewish learning.



To apply for the 2020-2022 Me'ah Classic cycle, please email Linna Ettinger [adulted@templeemunah.org](mailto:adulted@templeemunah.org).

### Me'ah Select

#### Fall 2019 Me'ah Select Mondays: The Five Megillot

**With Rabbi Neal Gold**

**Meets: Mondays, 7:00-9:30pm at Temple Isaiah**

**Class dates: Nov. 4, 11, 18, 25; Dec. 2, 9, 16, 2019; Jan. 6, 13, and 27, 2020**

**Cost for 10 sessions: \$350, financial aid available**

Five unusual biblical books—Ruth, Esther, the Song of Songs, Lamentations, and Ecclesiastes—have a unique role in Jewish life: each provides a liturgy for a festival in the cycle of the year. Beyond that, each of these books is delightfully idiosyncratic compared to the rest of the Bible. We will discover together just what makes these books so special, through a close reading of the primary texts as well as secondary literature that puts them in the context of Israel's experience in the ancient Near East.



***Rabbi Neal Gold** is currently the Jewish Chaplain and Hillel Director at Babson College, and recently received a second M.A. in Near Eastern & Jewish Studies from Brandeis University. He has served as the national Director of Program & Content for ARZA, the Association of Reform Zionists of America, where he continues to work on Special Projects. For over 18 years he served congregations in New Jersey and Massachusetts. He received smicha from Hebrew Union College-Jewish Institute of Religion in 1997 and graduated Colgate University with a B.A. in Philosophy and Religion. His writings on Judaism and Israel have appeared in a variety of academic and popular books and journals. He is the editor of *Radiance: The Collected Prose and Poetry of Danny Siegel*, which will be published this winter by the Jewish*

*Publication Society. He especially loves Tanakh, Talmud, Midrash, early Chasidic spirituality, the roots of Zionism, and points of connection and departure between different faith traditions. He has also led a wide variety of off-the-beaten path, adventurous trips to Israel for adults, teens, and families. He has served on the faculty of the URJ Adult Summer Learning Institute (Kallah) and NFTY's Leadership Summits. He is married to Heidi Gold and they have two sons, Avi and Jeremy. His blog and more information about courses he teaches can be found at [www.nealgold.net](http://www.nealgold.net).*

Register at

<https://www.chaverweb.net/Congregant/SignUp.aspx?key=T21833000712&sid=9232>

Please note: when registering via chaverweb, Temple Emunah members may use their login; all others may create a guest account. Then go to "events sign-up" and look for "Me'ah Select Nov 2019."

## Fall 2019 Me'ah Select Thursdays: The Creation of the Modern Jew: European Nationalism, Zionism, and American Jewish Life.

**With Dr. Jacob Meskin**

**Meets: Thursdays, 9:30 am - 12:00 pm at Temple Emunah**

**Class dates: Oct. 24, 31; Nov. 7, 14, 21; Dec. 5, 12, 19, 2019; Jan. 9, and 16, 2020**

**Cost for 10 sessions: \$350, financial aid available**

The advent of the Enlightenment in Europe led to legal emancipation that freed Jews from their centuries-long separate existence. As nationalism led to the establishment of culturally distinct nation-states, Jews found themselves "officially" invited to become citizens. But this new legal status did not by itself alter the religious and cultural otherness of the Jews. The Jews' new status was challenging and often entailed adverse and even tragic consequences. How did Jews -- and some non-Jews -- respond to this situation?

In this course we will begin with the background of nineteenth and twentieth century nationalism, and will then focus on to the two most important responses to this challenging situation: Zionism and the creation of American Jewish life. Both endeavored to make it possible for Jews to fit into a society and to call it "home." Modern Jewish life is a direct consequence of these two responses.



*Jacob Meskin, PhD., both teaches in and trains faculty for Hebrew College's Jewish adult-learning program, Me'ah, and is one of the co-authors of the curriculum for Parenting Through A Jewish Lens, in which he also teaches. In addition, he works as a consultant on adult Jewish education and teacher training in the Boston area. Prior to joining Hebrew College, Meskin was the inaugural holder of the Ruderman Chair in Jewish Studies at Northeastern University and taught at Princeton University, Rutgers University, the Bernard Revel Graduate School of Yeshiva University, Williams College and Lehigh University. His articles have appeared in Modern Judaism, The Journal of Religion, Soundings, Levinas Studies, Judaism, Cross Currents and in several edited volumes.*

Register at

<https://www.chaverweb.net/Congregant/SignUp.aspx?key=T21833000712&sid=9230>

Please note: when registering via chaverweb, Temple Emunah members may use their login; all others may create a guest account. Then go to "events sign-up" and look for "Me'ah Select Sept 2019."

## Winter/Spring Me'ah Select 2020 Mondays: Yesodot: Foundational Jewish Values and Core Ideas

**With Rabbi Benjamin Samuels**

**Meets Mondays, 7:00-9:30pm at Temple Isaiah**

**Class dates: February 10, 24; March 2, 16, 23, 30; April 6, 27; May 4, and 11, 2020**

What does it mean to be Jewish? Jewish life hopscoches across four different domains of relationship: between us and God (ultimacy); between people (interpersonal ethics); between us and our world (peoplehood and stewardship); and between each person and his/herself (personal responsibility). In this course, we will study core values and ideas in each of these domains, and seek to establish for ourselves fundamental literacy in foundational Jewish values and core ideas.



**Rabbi Benjamin Samuels** has served since 1995 as rabbi of Congregation Shaarei Tefillah in Newton, Mass., and is a co-curriculum designer, educational consultant and instructor for the *Parenting Through a Jewish Lens* program. He received his bachelor's degree, master's degree and rabbinic ordination from Yeshiva University and is an alumnus of the Wexner Graduate Fellowship program. Samuels is a doctoral candidate in science, philosophy and religion at Boston University. He serves on the faculty of Me'ah and Ma'ayan and is a Genesis scholar at Combined Jewish Philanthropies.

Register at

<https://www.chaverweb.net/Congregant/SignUp.aspx?key=T21833000712&sid=9290>

Please note: when registering via chaverweb, Temple Emunah members may use their login; all others may create a guest account. Then go to "events sign-up" and look for "Me'ah Select FEB 2020."

## Winter/Spring Me'ah Select 2020 Thursdays: The Sacred and the Profane: Creating Modernity and the Modern Jew

with **Rabbi Leonard Gordon**

**Meets Thursdays, 9:30 am-12:00 pm at Temple Emunah**

**Class meets Jan. 30; Feb. 6, 13, 27; Mar. 5,12,19,26; Apr. 2 and 23, 2020**

**Cost for 10 sessions: \$350**

Beginning with Spinoza and concluding with contemporary Jewish feminists our class will consider how secular and religious Jews shaped modern Judaism and modernism itself. Often pairing religious and secular figures who were contemporary we will look at the enlightenment (Spinoza and Mendelson), messianism (Marx and Scholem), Zionism (Herzl and Ahad Haam), morality (Freud and Salanter), Hassidism and Halakhah (Buber and Rosenzweig), Israel and the American Diaspora (Roth, Bialik, Rachel and Amichai), Feminism (Plaskow, Piercy, Falk and Lefkowitz on liturgy, bible and the canon).



**Rabbi Leonard Gordon** is co-Director, along with the Rev. Dr. Peter Pettit, of *Interfaith Partners for Peace*, a project of the Jewish Federations of North America and the Jewish Council for Public Affairs. At the JCPA, he co-chairs the task force on Jewish-Muslim relations. Previously, he served as the chair of *Interfaith Relations*. In that capacity, he has travelled to Israel with delegations of Evangelical thought leaders, Episcopalian and Muslim leaders, and with *Interfaith Partners for Peace*. With rabbinic ordination from the Jewish Theological Seminary, he has a BA and M Phil from Columbia University, and an MA in Religious Studies from Brown University. In 2018, he earned a Doctor of Ministry degree at the Andover Newton Theological School with a thesis entitled, "Building Interfaith Relationships to Promote Peace."

Rabbi Gordon has taught comparative religion and Humanities at Columbia University, Kenyon College, and the Ohio State University; and he has taught rabbinic literature, history, philosophy, and liturgy at the Jewish Theological Seminary, the Hebrew College Rabbinical School, and the Reconstructionist Rabbinical College. He began teaching for Me'ah in 2018. Among his publications, he was an editor of *Mahzor Lev Shalem* and is author of the forthcoming article, "A Jew Reads Sura Al Fatiha."

Register at

<https://www.chaverweb.net/Congregant/SignUp.aspx?key=T21833000712&sid=9231>

Please note: when registering via chaverweb, Temple Emunah members may use their login; all others may create a guest account. Then go to "events sign-up" and look for "Me'ah Select Spring 2020."

## Me'ah Online

New **FREE Program** in honor of the Jewish Military Community

You have heard of Hebrew College's acclaimed Me'ah Classic program that has engaged more than 6,000 adult learners—including many from Temple Emunah—in a 100-hour journey through Jewish history. Did you know that the college also offers [Me'ah Online](#)? Taught by Me'ah's master educators, Me'ah Online provides access to this extraordinary experience to individuals and groups around the world! **Through the generosity of a private donor, Hebrew College is now offering this pluralistic, nondenominational program free of charge to Jewish service members and their families, in partnership with the JWB Jewish Chaplains Council.** (Non-military congregation members can enroll for just \$45 per person per class, or \$75 for both classes!)

Two options:

- Participate as part of a group led by military chaplains and lay leaders.
- Individual, self-paced sign-up.

Courses:

- [Journey through the Bible](#), taught by Professor Marc Brettler of Duke University.
- [Rise of the Rabbis](#), taught by Professor Christine Hayes from Yale University; Rabbi Jane Kanarek and Rabbi Micha'el Rosenberg of Hebrew College; and Professor Jonathan Klawans of Hebrew College and Boston University.

Dive into high-quality, online adult learning at your own pace, or with a group led by a facilitator who works with our easy-to-use facilitator guides, to deepen your Jewish knowledge!

Next Step:

If you, or someone you know within the Jewish community, are part of a military family, contact Marilyn Stern, Me'ah Online Course Administrator, to learn about options for individual and group registration in the free program at [mstern@hebrewcollege.edu](mailto:mstern@hebrewcollege.edu). Interested in enrolling in a class separate from the military program? Marilyn is also happy to answer your questions!

## Ongoing Community Programs

### Theme Minyans

**Dates TBA**

**7:30pm**



Come to minyan with fellow congregants who have professional and /or personal interests akin to your own. You will help to sustain our daily minyanim and have an opportunity to meet and learn with others who share your interests. To learn more or to brainstorm ideas, please contact Joelle Gunther ([joellegunther@gmail.com](mailto:joellegunther@gmail.com)) or Anne Miller ([annehlmiller@verizon.net](mailto:annehlmiller@verizon.net)). Theme minyans are sponsored by the Ladle Fund.

### The Wisdom Project

**Facilitated by Toni Stechler**

**Sundays, 12:00-1:30pm, in the Pious Chapel**

**September 15, October 20, November 10, December 8, 2019 and January 12, February 2, March 22, April 19, and May 17, 2020**

Need a negotiator? Hire Grandpa!

Studies have shown that older people are more skillful in resolving conflicts, and appreciate the perspectives, dynamics, and opportunities involved. As we age, our need for a supportive community increases, as does our wisdom.



We gather once a month to talk about the challenges of aging with others and listen to the creative solutions that emerge. Everyone is invited to come whenever they like. For more information, email Toni Stechler at [Antonia.stechler@gmail.com](mailto:Antonia.stechler@gmail.com).

## LIMMUDFEST 2019

**Sunday, November 17, 2019**

**9:00am to 5:30pm**



Mark your calendar and plan to attend! *LimmudFest* is an annual day-long Jewish learning festival of arts and culture sponsored by *LimmudBoston*. This year's festival (our 10th!) takes place at 'The Campus', 384 Harvard Street in Brookline. *LimmudFest* is the annual, volunteer-driven conference offering numerous learning presentations and hands-on sessions on Torah, text, Jewish identity, movement, meditation, music, food, life cycle... To celebrate its 10th anniversary, *for the first time ever* this year's program is bringing the entire Festival together for a Celebration Gathering to thank and honor Steffi Aronson Karp -- who is stepping down after 10 remarkable years of leadership -- with music, a rabbinic panel and several surprises.

The Temple Emunah community (all ages!) is encouraged to attend this community-wide celebration of lifelong Jewish learning. (*Limmud* is Hebrew for learning.) We look forward to seeing Emunah members at *LimmudFest* on November 17th! Emunah members Terri Swartz Russell and Barbara Posnick serve on the Board of *LimmudBoston*. Get involved and volunteer, join a team to make LimmudFest happen, propose a session and be a presenter! [Register](#) today! -- bring your friends and family. Visit [www.limmudboston.org](http://www.limmudboston.org)!

## Holiday Programs

### Shavuot

**May 28-30, 2020**

Stay tuned for more details.

## Physical Fitness

### Vinyasa Yoga

**With Jen Geller**

**Mondays at 9:30am; Tuesdays at 4:00pm**

**Ongoing throughout the year**

**Fee: \$10 per class, in cash or check payable to Jen Geller**

Join fellow congregant Jen Geller for yoga in the Temple Emunah Social Hall. Jen Geller is a physical therapist, yoga instructor, and has been a member of Temple Emunah since 1997. Jen was a competitive athlete and distance runner for many years until a severe hamstring injury brought her to yoga. After practicing on and off for years, Jen realized that yoga is much more than postures and wants to share it!

Vinyasa yoga is a physical form of yoga where postures are combined to create a flow. By combining breath with movement, this flow can build strength, increase flexibility, and can also help calm the body, and bring clarity to the mind. Vinyasa yoga is a dynamic form of yoga but is accessible for all levels of yoga practitioners- beginners, veterans, young and old.

Bring a mat and an open mind.



*Jen Geller MS, PT RYT 200. Jen is a physical therapist, yoga instructor, and has been a member of Temple Emunah since 1997. Jen was a competitive athlete and distance runner for many years until a severe hamstring injury brought her to yoga. After practicing on and off for years, Jen realized that yoga was much more than postures and wanted to share the benefits of yoga with as many people as possible. Drawing on her knowledge of anatomy and biomechanics, Jen will guide her students through a very safe practice, offering specific modifications when necessary.*

*Jen lives in Lexington with her husband Dave, and three daughters- Hannah, Jocelyn and Madison. She teaches at Lexington Power Yoga and is excited to bring yoga to the Temple Emunah community.*

## Morning Ride

**Weekdays 6:00am**

Join Emunah Cyclists for a fun, fast ride from Lexington out to Concord and back. 18-23 miles; no stops, but the average pace is 15-16 mph. Email Lester Blumberg ([Lester.Blumberg@gmail.com](mailto:Lester.Blumberg@gmail.com)) for details and updates.

## Running With the Rabbi

**Dates and Times TBA**

Join Rabbi Lerner for a fun Shabbat run around the neighborhood; meet at Rabbi Lerner's home for a 3.65 mile run. Pace varies from 8:30/mile to 9:30/mile depending on who is running; sometimes, we break into groups. And we make sure we are back in plenty of time to make it to shul on time! Email Ellen ([RabbiAdmin@TempleEmunah.org](mailto:RabbiAdmin@TempleEmunah.org)) in Rabbi Lerner's Office for details and updates.



## Emunah Walks

**Mondays, Wednesdays and Fridays 8:30 to 9:30am  
Lincoln Field on Lincoln Street, Lexington**

Join fellow congregants who are interested in keeping fit and staying connected socially! Contact [adulted@templeemunah.org](mailto:adulted@templeemunah.org) for information.



## The Kosher Dills (Pickle Ball)

**Sunday mornings weather permitting  
Clarke Middle School, Lexington**

Why not jump into the brine and see why this is the fastest growing sport in the country! Or just come on by to see what all the fuss is about!

We will meet at Clarke Middle School (off Waltham Street) on Sunday mornings to play Pickle Ball. Contact Hal Miller-Jacobs for more information at [halmj100@gmail.com](mailto:halmj100@gmail.com).

## Israeli Dance

**With Angela Schatz  
Mondays 8pm to 9:45pm at Temple Emunah  
Fee: \$10 per class, in cash or check payable to Angela Schatz**

Please bring soft-soled shoes. 8:00pm Beginner, 9:00pm Intermediate. For more information, email Angela Schatz at [angelaschatz57@yahoo.com](mailto:angelaschatz57@yahoo.com).

### Men's Shul Softball League Sundays in April, May, June

For more information contact David Goldberg ([david.goldberg6@verizon.net](mailto:david.goldberg6@verizon.net)) at (617) 489-7175.

### Steve Teitelbaum Memorial Basketball Tournament Wednesday 5:30 to 8:30pm May 20, 2020

Join us as we honor the memory of Steve Teitelbaum with 3 on 3 basketball tournaments, dinner and games. Open to all ages.

### Experience Israel

### Shalom Hartman Institute Community Leadership Program (CLP) June 24-July 1, 2020 At the Shalom Hartman Institute in Jerusalem, Israel

For the past seventeen years the Shalom Hartman Institute has been hosting lay leaders from around the world to study texts with world renowned scholars, learn about current Israeli policies and politics, and explore Israel. Each year, the Shalom Hartman Institute hosts over 150 lay leaders to study a specific topic. [Over 150 rabbis study the same topic immediately following the CLP program, in the Rabbinic Torah Study Seminar (RTS)]. Join Linna Ettinger for deep learning. Members of the “Ettinger Group” include friends from Temple Emunah and Temple Isaiah in Lexington MA and other locations.



The Ettinger Group 2018: (From left to right) Linna Ettinger, Joe Wolke, Wendy Lebow, Sue Tafler, Chuck Koplik, and Barbara Posnick.

Interested in learning more about the Shalom Hartman Institute? Contact Linna Ettinger at [linna@alum.mit.edu](mailto:linna@alum.mit.edu) to find out more and be notified about a Hartman Info session coming soon.

### Hazon/Arava Institute Israel Ride

Join cyclists of all levels on the Annual Hazon/Arava Institute Israel Ride from Jerusalem to Eilat. Plan ahead!! Upcoming dates: Oct. 23 – Oct. 30; 2019: Nov. 5 – Nov; 12; 2020: Oct. 27 – Nov 3; 2021: Oct. 19 – Oct. 26. There are three tracks: Beginner (25 miles/day), Intermediate (50 miles/day), and Advanced (75 miles/day). See [www.israelride.org](http://www.israelride.org) or contact Lester Blumberg ([Lester.Blumberg@gmail.com](mailto:Lester.Blumberg@gmail.com)) for more details.



